



Safety Tip of the Week

Household Cleaning Safety

We all love a clean, fresh-smelling home, but many of the commercial products we rely on to eliminate dirt and germs carry hidden risks. Everyday household cleaners contain powerful chemical agents that can cause eye irritation, headaches, severe skin burns, and acute respiratory issues if handled incorrectly. Protecting your household from chemical exposure requires a solid understanding of how to store, use, and handle these substances safely. By implementing a few straightforward safety habits, you can keep your living space pristine without compromising your family's health.



Never Mix Cleaning Products

Combining different cleaning chemicals is one of the most frequent and dangerous mistakes made in the home. Deadly mixes of household chemicals include:

- Bleach + Vinegar (or any acid) = Chlorine Gas (Cl_2)
- Bleach + Ammonia = Chloramine Gas (NH_2Cl)
- Bleach + Rubbing Alcohol = Chloroform
- Hydrogen Peroxide + Vinegar = Peracetic acid

Save Poison Control as a Contact

If a product is swallowed, splashed in the eyes, or causes sudden dizziness, act immediately. Save the following contact information for the official site of the 53 Poison Centers in the USA.

- <https://www.poisonhelp.org/>
- National Poison Control Hotline: 1-800-222-1222

Be careful when cleaning, especially when using bleach or products with ammonia. Read the label and use adequate ventilation when using cleaning products. There may be healthier alternatives to powerful cleaners, like using white vinegar and water as a multi-purpose cleaner.

HEALTH IS WEALTH...PROTECT YOURS!