



Safety Tip of the Week

Winter Driving Safety

Winter driving can be hazardous and, at times, scary—especially in northern regions that get a lot of snow and ice. Additional preparations can help make a trip safer or help motorists deal with an emergency. This sheet provides safety information to help prevent motor vehicle injuries due to winter storms.



REMEMBER The 3 Ps of Safe Winter Driving:

PREPARE for the trip; **PROTECT** yourself; and **PREVENT** crashes on the road.

To Play it Safe During Winter, **ALWAYS** Do the Following:

- Maintain your car in good working order (i.e., check battery, wipers, tires, all fluids);
- Have these items on hand--flashlight, cables, abrasive material for grip, shovel, ice scraper, flares, blankets, food, water, medication, and cell phone;
- Stay in car if stopped or stalled (Don't overexert, put up bright markers on antenna/window shine dome light, clear exhaust pipe, stay warm);
- Plan your route (allow plenty of time, leave early, let others know your route and arrive time);
- Practice cold weather driving (maneuver slowly on ice or snow in empty lot, steer into skid, know your brakes and how they will act, maintain longer stopping distances, and don't idle for a long time with windows up or in enclosed spaces!);
- Protect yourself & others: Buckle up properly! Keep a look out for pedestrians everywhere;
- Prevent crashes by never mixing alcohol or drugs with driving. Get a designated sober driver; and
- Drive slower and increase distances. Avoid fatigue--get adequate rest!

BE PREPARED FOR THE UNEXPECTED DURING WINTER... JUST IN CASE!