



# Weekly Safety Meeting

---

## Winter Driving Safety

Winter driving can be hazardous and, at times, scary—especially in northern regions that get a lot of snow and ice. Additional preparations can help make a trip safer, or help motorists deal with an emergency. This sheet provides safety information to help prevent motor vehicle injuries due to winter storms.

### The 3 Ps of Safe Winter Driving Are:

1. **PREPARE** for the trip;
2. **PROTECT** yourself; and
3. **PREVENT** crashes on the road.

#### PREPARE

##### Maintain Your Car in Good Working Order:

Check battery, tire tread, and windshield wipers, keep your windows clear, put no-freeze fluid in the water reservoir, and check your antifreeze.

##### Have On Hand:

Flashlight, jumper cables, abrasive material (sand, kitty litter, even floor mats), shovel, snow brush and ice scraper, warning devices (like flares) and blankets. For long trips, add food, water, and medication. Always carry a cell phone – no matter what the weather.

##### Stopped or Stalled?

Stay in your car; don't overexert; put bright markers on antenna or windows; turn on the dome light of the car; and, if you run your car, clear the car's exhaust pipe (if there is snow); run the car just enough to stay warm.

##### Plan Your Route:

Allow plenty of time (check the weather and leave early if necessary); be familiar with the maps/directions; let others know your route and arrival time.

##### Practice Cold Weather Driving!

- During the daylight, rehearse maneuvers slowly on ice or snow in an empty lot;
- Steer into a skid;
- Know what your brakes will do: stomp on antilock brakes, pump on non-antilock brakes;
- Stopping distances are longer on water-covered ice and ice;

- Don't idle for a long time with the windows up or in an enclosed space.

## PROTECT YOURSELF

- Buckle up and use child safety seats properly;
- Never place a rear-facing infant seat in front of an air bag; and
- Children 12 and under are much safer in the back seat.

## PREVENT CRASHES

- Drugs or alcohol never mix with driving;
- Slow down and increase distances between cars;
- Keep your eyes open for pedestrians walking in the road;
- Avoid fatigue – Get plenty of rest before the trip, stop at least every three hours, and rotate drivers if possible; and
- If you are planning to drink, designate a sober driver.

*Resource is the OSHA.GOV website (Motor Vehicle Safety-OSHA Safety and Health Topics Page).*

***BE PREPARED FOR ANYTHING DURING WINTER...JUST IN CASE!***

### Safety Meeting Sign-In Sheet

Supervisor:	Subject:
Location:	Date:
Conducted By:	Trainer Signature:

Name (print clearly)	Signature	Comments / Safety Concerns / Training Requests