



Safety Tip of the Week

The Deadly Dozen

We have often heard of the “Daily Dozen” regarding proper exercise and maintaining good health, The “Daily Dozen” has a counterpart known as the “Deadly Dozen,” ideally applicable to safety on the job, and which also has an important bearing on health and welfare.

The causes of accidents are classified into two categories of 12; “Unsafe Acts,” and “Unsafe Conditions.” Here we examine the unsafe acts.

Unsafe Acts:

1. Unauthorized use or operation of equipment;
2. Failure to secure or tie down materials to prevent unexpected movement;
3. Working or operating equipment too fast;
4. Failure to issue warnings or signals as required;
5. Using defective tools or equipment;
6. Removing guards;
7. Improperly using tools or equipment;
8. Standing in an unsafe place or assuming an improper posture (as in lifting);
9. Servicing moving equipment;
10. Riding equipment not designed for passengers;
11. Horseplay; and
12. Failure to wear the proper personal protective equipment.



RESPECT THE UNEXPECTED...THINK THROUGH YOUR RISKS!