



# Safety Tip of the Week

## Safe Winter Driving

Driving conditions in the winter months can be full of treacherous hazards including winter ice, poor visibility, strong winds, snow, rain, and more. We all know that driving in snow and on ice covered roads can be perilous.

Regardless of your driving skill or vehicle preparation, there are some winter conditions that can't be conquered.

### These Tips May Help Prevent Snowy and Icy Roads from Ruining Your Day:

- Always use your seatbelt;
- Turn on your headlights during adverse weather conditions. Overcast skies and falling snow limit visibility. It is important to see and be seen;
- Like all the signs say, bridges and overpasses freeze before the roadway;
- Remember that driving in winter weather conditions causes physical and mental fatigue and reduces reaction times. Get plenty of rest and adequate nutrition. Don't drive while you're sleepy or on medication that causes drowsiness. If you feel drowsy, pull over to the side of the road or into a road stop; take a nap or get out and walk around.;
- Prepare your vehicle well ahead of time. Check fluid levels, tire pressure, lights, and the battery. Have a mechanic give your vehicle a winter check-up and make any necessary repairs; and
- Stock an emergency kit containing heavy clothes and a blanket, traction material such as sand or kitty litter, tire chains, a small shovel, first aid kit, flashlight, jumper cables, and a bright cloth to use as a flag.

Many accidents could be avoided if you take time to learn and practice these tips for driving safely during snowy and icy conditions.

***ICE AND SNOW...TAKE IT SLOW!***

