



Safety Tip of the Week

Hand Safety

Hand injuries account for 80 percent of all occupational injuries. This is because the hands are engaged in almost all activities on the job. Can you imagine any occupation that does not make use of the hand?

Hand Safety Dos and Don'ts

Make sure your workers learn and remember these hand safety dos and don'ts.



Do:

- Pay attention at all times to where both hands are placed while working, especially when working with machinery.
- Wear appropriate gloves to protect against particular hazards.
- Use the right tool for the job and know how to use tools safely, especially power tools.
- Stretch your hands and fingers from time to time to give tense and tired muscles and tendons a chance to relax.
- Protect your hands when working with chemicals, hot substances, sharp objects, and other common workplace hand hazards.

Don't:

- Don't use hands to feed material into machines.
- Don't wear gloves, jewelry, or long sleeves around rotating machinery.
- Don't use your hands to sweep up wood chips, metal shavings, glass, or other sharp objects.
- Don't use strong solvents or gasoline to clean your hands.
- Don't operate machinery or power tools under the influence of alcohol or drugs, even some prescription drugs.

PROTECT YOUR HANDS...PROTECT YOUR FUTURE!!