

## Safety Tip of the Week

Your Safety Is Our Business®

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## **Loading Dock Safety**

Loading docks are busy areas. Trailers, dock levelers, and rolling doors can cause pinch points and elevated docks pose a fall hazard. Workers must pay attention to these hazards



## Making Your Dock Safe

- Do not use equipment unless you are trained and authorized to do so.
- Stay out of the way of moving equipment so you do not become trapped between a forklift and the dock or crushed by a powered gate.
- Clean out dock areas periodically to remove accumulated debris.
- Shrink-wrap loose product for transport or storage.
- It is very important to secure small items that might fall through the overhead guard of a lift truck.
- Ensure that wheel chocks are used on every vehicle at your dock.
- No dock jumping; this can lead to serious ankle, knee and back injuries.
- Use plastic or metal banding to secure product to pallets for transportation or storage.
- Dock approaches should be free from potholes or deteriorated pavement.
- Ensure dock bumpers are in good repair.
- Dock leveler or dock plate capacity must be adequate for the load weight.
- Check the condition of the trailer floor.
- Check the load limit of the trailer; ensure that it is adequate for the complete load, equipment, and yourself.
- Be alert at all times in loading areas.

Loading dock safety involves everyone - warehouse personnel and truck drivers. Start and end your day safely by exercising caution during loading and unloading.

Safety on the dock...Be sure to use those chocks!!