



# Safety Tip of the Week

*Your Safety Is Our Business®*

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## Protecting Your Hearing



### Hearing Protection

Noise-induced hearing loss is preventable with the proper use of engineering and administrative controls in addition to personal protective equipment.

- Types of hearing protection devices
- Selection of hearing protection devices
- Proper use of hearing protection
- Maintenance of hearing protection devices
- Performance of hearing protection

Think of those sounds you take for granted and imagine life without them. Don't let unnecessary exposure to noise take them away. You can do something to help protect your hearing. Take the time to know what protection to use and use it faithfully. Your hearing can last a lifetime with a few common sense precautions.

**Hearing protection is a sound investment.**